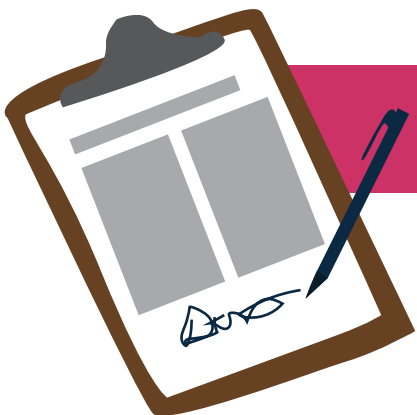
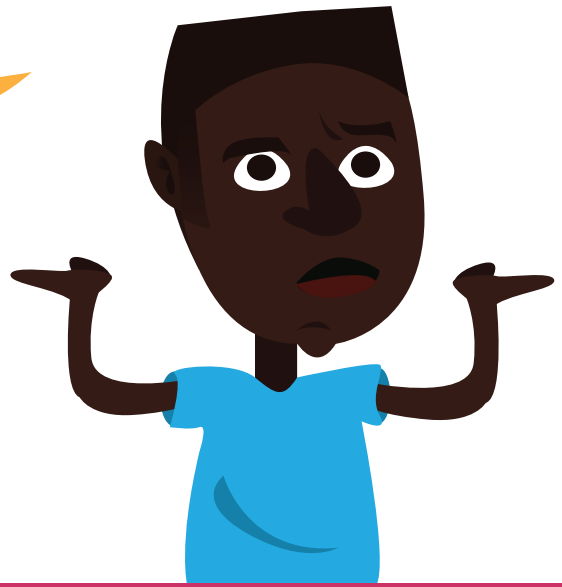


UNIVERSITY HEALTH INSURANCE PLAN

A short guide on the University Health Insurance Plan (UHIP) and how to apply for UHIP reimbursement.

What is UHIP and why do I need it?

- UHIP is an insurance plan that provides medical coverage for international employees who are not eligible for the Ontario Health Insurance Plan (OHIP), or for those who are in the 3 month waiting period for OHIP.
- If you're an international employee are you are **required** to enroll yourself and your immediate family in UHIP.



How do I sign up for UHIP?

Members must contact the Benefits Department at Trent (via benefits@trentu.ca) to set up an appointment to be enrolled in UHIP. Once you've found a residence in Ontario, you are to go to the OHIP office located at 185 King Street to apply for OHIP if you are eligible.

Where can I learn more about UHIP?

Visit www.trentu.ca/humanresources/managers/benefits_uhip.php to learn more about what coverage you have with UHIP, and how to submit your claims.



Is there a reimbursement?

Recognizing that CUPE members coming from abroad pay much more for UHIP, international members who demonstrate the need for financial assistance may apply for assistance with UHIP premium costs, up to a **maximum per member of \$200.00 per year.**



Who's eligible?

All full-time Graduate Teaching Assistants (working appointments totaling 120 hrs for the year) without OHIP coverage may submit applications for reimbursement.



How do I apply for a reimbursement?

To apply for UHIP reimbursement fill out the UHIP form located here cupe3908.org/uhip-reimbursement-unit-2.php.

You will need to provide a description of your financial situation that demonstrates need for the reimbursement. Remember to keep any documents you have that will support your application.

Applications can be dropped off at or mailed to the CUPE office.

When Can I Submit My Application?

Members can submit applications three times per year:*

Fall: **November 15**
 Winter: **March 15**
 Summer: **July 15**



*Applications are processed three times a year. Reimbursement is a maximum of \$200 per year per member.

Where can I go for more information?

Members are encouraged to consult the UHIP application form, and the documents listed on Trent University's UHIP page.

cupe3908.org/uhip-reimbursement-unit-2.php
www.trentu.ca/humanresources/managers/benefits_uhip.php